

# Life & Wellness Workshops

## Bridging the Gap

Between Prescribers and

Admix Compounding Pharmacy

1403 Hwy 6, Suite 300-B, Sugar Land, TX 77478

832-532-3113 [www.ADMIXRX.com](http://www.ADMIXRX.com)

### Sugar Land 2017 Workshops:

- July 19-Hot Flashes or Hormones?
- Aug 9-Adrenal Stress & Hormone Imbalance
- Aug 23-Hormones & Weight Gain - The Hidden Truth
- Sept 6-Sleep, Sex and Serotonin - Can Hormones Help?
- Sept 20-Balance Your Life Tray & Take Back Your Power
- Oct 11-Hormones 101 for Men and Women
- Oct 25-I've Climbed Mountains To The Ground Level

*Time: 12-1 P.M. (seating is limited)*

*Location: Admix Compounding Pharmacy*

RSVP with Cheri Lynne 281-615-7745

[www.cherilynnemartin.com](http://www.cherilynnemartin.com)

*Cheri Lynne Martin* is a HORMONE HEALTH EDUCATOR who is highly trained regarding hormones, thyroid and adrenal stress. She has over twenty-three years of experience providing physicians and individuals with evidence-based, information and support within the field of Functional Medicine. She enjoys sharing this knowledge through inspirational wellness workshops and private consultations to support you on your journey to hormonal happiness.

